WHAT IS LUNG CANCER SCREENING?

- Lung cancer screening is an important preventative health check, like mammograms and colonoscopies
- A low-dose computed tomography (LDCT) scan is recommended for people at high risk for lung cancer as part of a yearly health check
  - You will be exposed to a low dose of radiation during the scan
  - The scan may show something, but often this can be a false alarm. If the scan does show something unusual, your doctor will discuss the next steps with you

WHO SHOULD GET SCREENED FOR LUNG CANCER?

LDCT lung cancer screening is recommended if you are at high risk. You may be at high risk if you meet all of the following criteria:

- Are 55 to 80 years old
- Smoke now, or if you have quit smoking in the past 15 years
- Are a heavy smoker, or you were a heavy smoker

Lung cancer screening is covered by Medicare for patients 55 to 77 years old and by most commercial insurance plans for patients 55 to 80 years old.

WHAT IS HEAVY SMOKING?

Examples of heavy smoking are:

- 1 pack a day for 30 years
- 2 packs a day for 15 years
- 3 packs a day for 7.5 years

DID YOU KNOW?

Whether you smoke now or you have quit smoking, lung cancer screening may be right for you. If you are unsure if you should get screened for lung cancer, talk to your doctor.

LDCT screening for lung cancer is supported by many professional groups, including:

- The American Lung Association
- The American Cancer Society
- The Centers for Medicare & Medicaid Services
- The United States Preventive Services Task Force

Contact your healthcare team to learn more about lung cancer screening.

Talk to your patients.
www.thinkscreenknow.org

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