

{ Think. Screen. Know. }

Dear

Screening is about your health

It's time to take charge of your lung health. Lung cancer screening is a regular preventive health check, like a mammogram or a colonoscopy. The screening checks your lungs while you are feeling healthy. Our records show that lung cancer screening may be right for you.

The first step in lung cancer screening is a shared decision-making visit. During this visit, you will meet with your healthcare provider to discuss the benefits and risks of screening. You and your healthcare provider will make the decision about screening together.

Just because your healthcare provider recommends lung cancer screening, it doesn't mean that he or she thinks you have cancer. Your healthcare provider may order more tests if he or she sees something unusual on the scan. Often, these are false alarms and turn out to be nothing.



A low-dose computed tomography (LDCT) scan is the only method that is recommended for lung cancer screening by several federal agencies. The LDCT machine takes a 3-D picture of your lungs. You will be exposed to a low dose of radiation during an LDCT scan. This type of scan uses 75% less radiation than a regular CT scan and does not require any needles.

Who should get yearly lung cancer screening?

Yearly LDCT screening is recommended if you meet all of the following criteria:

- ✓ Are 55 to 80 years old
- ✓ Are currently smoking or have quit within the past 15 years
- ✓ Are a heavy smoker or used to be a heavy smoker

Lung cancer screening is covered by Medicare for patients 55 to 77 years old and by most commercial insurance plans for patients 55 to 80 years old.

If you have any questions about lung cancer screening, please do not hesitate to give us a call.

Sincerely,

