YOU GET THESE CHECKED REGULARLY. WHAT ABOUT YOUR LUNGS?

Are you a heavy smoker or former heavy smoker, and are you 55 to 77 years old?

Take charge of your lung health and ask your doctor about yearly lung cancer screening.

Visit www.thinkscreenknow.org to learn more and download resources.

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ALE/101117/0105 10/17

THINK. SCREEN. KNOW.
Talk to your doctor.

LUNG CANCER SCREENING—IT’S ABOUT YOUR HEALTH

WHY SHOULD I GET CHECKED?

• Lung cancer screening is a yearly preventive health check, like a mammogram or a colonoscopy
• Lung cancer screening with low-dose computed tomography (LDCT) can find something before you know it’s there and before you have symptoms
• Your doctor may order more tests if he or she sees something unusual on the scan. Often, these are false alarms and turn out to be nothing

A study of more than 53,000 patients showed the greater benefit of screening with LDCT vs with chest X-ray

WHAT ELSE SHOULD I KNOW?

Yearly LDCT screening is recommended if you meet all of the following criteria:

• 55 to 77 years old
• A current smoker or have quit within the past 15 years
• A heavy smoker or used to be a heavy smoker

• You will be exposed to a low dose of radiation during an LDCT scan. This type of scan uses 75% less radiation than a regular CT scan and does not require any needles
• You and your healthcare provider will decide together if lung cancer screening is right for you. This is called shared decision-making